

Conway Family Farms, LLC

Farm Fresh Foods

- **Grade 'A' Raw Goat Milk**-Sold on a pre-order basis for our subscribers
 - Because we produce our quality Grade 'A' Raw Goat milk in limited quantities, this product is only available for purchase by our contracted customers. To find out more about how to become a milk customer, please visit our Grade 'A' Milk page.
- **Farmstead Goat Cheese**
 - Coming Soon!
- **Farm Fresh Eggs**
 - We offer farm-fresh eggs for sale from our farm store. We maintain a small flock of about 20 laying hens of different varieties which provide a colorful and delicious dozen eggs for purchase. Our hens are allowed to roam the farm when we can assure their safety against predators. They are safely tucked into their tidy hen-house at night and when we are away during the day.
- **Lamb & Goat Meat**
 - We produce a modest number of lambs and young goats for meat production each year. Our animals are all gently raised with attentive care and comfortable surroundings. They have access to grass pastures to give the meat the grass-fed quality that consumers desire. We do not feed antibiotics! We are exceedingly attentive to proper aging of the meat prior to packaging and insist on white paper wrap to guarantee a longer lasting product in your freezer. All of our meat is USDA inspected and available for sale from our farm store freezer. We generally offer only the most versatile cuts of meat for sale. If you are unfamiliar with the nutritional value of goat meat, please see the USDA nutritional chart link on the store Web page. We often are asked about the flavor of goat meat and are pleased to offer that it is an extremely mild flavored meat that can easily be substituted for ground beef in any recipe. For those who have had the unfortunate experience of 'gamey' lamb (or mutton), we would challenge you to try some of our exceedingly mild and tasty lamb!
- **Farm-Fresh Jam**
 - All of our surplus berries are taken to a processing facility that produces our own farm jams for resale throughout the winter. It is our way of offering a little bit of summertime deliciousness to our customers throughout the winter season. We always have blueberry jam on hand, and also offer raspberry, blackberry and strawberry as seasonally available.
- **Honey**
 - Maintaining honeybees continues to be a critical part of our farm success even in the face of the challenges that seem to be plaguing the industry. We have two hives that offer their services in pollinating our berries and lavender as well as providing seasonal honey for sale in the farm store. In addition we purchase honey sticks to offer to for sale as a fun treat to our littlest farm customers.

Also Available Seasonally

- **Garden Vegetables**-Beginning in July
- **U-Pick Blueberries**-Blueberry season generally begins around mid-July and ends mid-August
- **U-Cut Lavender**-Beginning approximately the third week of June through August.

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Farm Produced Fiber & Gift Items

- **Woolen Yarn-4oz Skeins in a variety of stunning colors.**
 - All of our “Hug-A-Lamb” 100% woolen yarns are produced only from our luxurious Border Leicester flock. We use a mill located on the east coast to produce the versatile sport-weight yarns in a wide variety of delicious colors. This yarn weight is ideal for mid-layer to outerwear sweaters and coats, felting projects, hats, scarves and mittens. As a machine knitter, I utilize this woolen yarn on my bulky knitting machine with very little effort. The color variety that we offer is certain to enchant you! You may visit the farm to see the yarn selection and make your purchase, or contact the farm for yarn sample color cards for mail order purchases.
- **Gorgeous Woolen Stadium Blankets**
 - Pendleton stadium blankets are a standard for Pacific Northwesterners, however, we offer something a little more unique; our blankets are produced only from our flock of sheep! These simple yet elegant throws are ideal to give as a truly locally produced wedding gift, or simply as a necessary living room couch accessory. They are soft, cozy and come with a variety of color edging to meet your desired tastes. Every home should be equipped with a woolen throw to snuggle up with; why not make yours from your local farm flock?
- **Woolen Scarves**
 - Our woolen scarves are handmade (knitted) or custom made (woven) to offer either the elegant sleek look or a more homespun look depending on your application. All scarves are produced from our wool and are (as you can only imagine) cozy and warm on those chilly evenings.
- **Woolen Lavender Sachets**
 - Handmade soft little woolen stuffed pillows, scented with natural essences of lavender are bundled (3) together with a lovely ribbon for gift giving.
- **Handcrafted Goat Milk Soap**
 - Nothing nurtures your skin in Cleopatra style like milk based soaps. We produce our own goat milk soap, using our special formula of all-natural ingredients, in a wide variety of scents for both the feminine taste as well as the masculine desires. The milk based soaps are gentle on your skin and the natural ingredients are almost certain to agree with people that have skin sensitivities.
- **Lavender Linen Spray**
 - Our lavender linen spray is a favorite by all. This light, relaxing scented spray can be sprayed on your pillow and sheets at night, as a room or car freshener, or we have been told how some people use it as their ‘favorite perfume’. It is sold in an attractive aluminum container which is ideal for gift-giving.
- **Beeswax Candles**
 - Nothing burns as clean as all natural beeswax candles. These handmade from-the-farm jar candles burn in excess of 10 hours filling your home with a wonderful (not overpowering) aroma. We choose only true-to-nature scents, which are not overly perfumed and craft these candles with 100% beeswax to give off a comforting natural aroma.
- **Lip Balm**
 - Our own natural blend of lanolin and beeswax provides a natural protection for your lips during blustery winter days or blistering summer sun. These lip balms are made at the farm and flavored with an assortment of tasty zest and aroma.
- **Handcrafted Hand lotion**
 - Our hand lotion was created to sooth our own hard-working hands. This blend of ingredients provides moisture and comfort to rough, chapped and abused skin. Again, we choose scents from nature that will appeal to both men and women.
- **Books**
 - We offer several books on small scale farming and livestock husbandry. We only offer books for sale that we have in our own personal library of books and endorse all of them as valuable resources to the small-scale farmer, gardener, or crafter.